

THE PENNSYLVANIA SOCIETY FOR POST-ACUTE AND LONG-TERM CARE MEDICINE

# 26TH ANNUAL PMDA SYMPOSIUM



pmda

FRIDAY & SATURDAY  
NOVEMBER 9–10, 2018



## WHO SHOULD ATTEND?

Post-acute and long-term care health professionals; medical directors, NPs, PAs, RNs, nursing home administrators, and health-care providers specializing in internal and family medicine, geriatrics, physical medicine, and rehabilitation.



**THE HOTEL HERSHEY**  
100 Hotel Road  
Hershey, PA 17033



**REGISTER TODAY**  
<http://bit.ly/e596819>



**PennState**  
College of Medicine

A continuing education service of Penn State College of Medicine, jointly provided by  
The Pennsylvania Society for Post-Acute and Long-Term Care Medicine

## PURPOSE

The PMDA Annual Symposium is designed to meet the educational needs of the health-care professionals working in post-acute and long-term care (LTC) settings. A strong interdisciplinary approach is emphasized, and organizations are encouraged to attend as a team to experience the most benefit.



## ATTENTION NON-PMDA MEMBERS

Join PMDA by Tuesday, October 9, 2018 and attend this year's annual symposium at the member rate!

Any non-member who submits their PMDA membership application and payment for the 2019 dues by Tuesday, October 9, 2018, will receive free PMDA membership benefits through the balance of 2018! This includes the savings on the Annual Symposium registration fees. You'll be able to register and attend both the 2018 and 2019 meetings at the member rate.

**To download a membership application, go to [pmda.org](http://pmda.org).**

*Submit your application by using one of the following options below:*

### MAIL

PMDA

P.O. Box 8820

Harrisburg, PA 17105

### FAX

(717) 558-7841

### EMAIL

[pmda@pamedsoc.org](mailto:pmda@pamedsoc.org)

## ACCOMMODATIONS

Accommodations are the responsibility of the program participant.

### ROOM BLOCK

A block of rooms has been reserved at the: The Hotel Hershey

**Deadline** Sunday, October 7, 2018

**Rate** \$229 single/double

Rooms reserved after this date are at regular rates and will be based on availability.

We recommend that you make reservations as early as possible.

### RESERVATIONS

**Group** PMDA

**Online** <http://bit.ly/e596819h>

**Call** 717-533-3311 or 1-800-437-7439

A list of Hershey area lodging is available upon request or online at: <http://bit.ly/HersheyLodging>

# CREDIT

## AMA

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Penn State College of Medicine and PMDA. Penn State College of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

**Friday, November 9, 2018** 5.5 AMA PRA Category 1 Credit(s)<sup>™</sup>

**Saturday, November 10, 2018** 5.75 AMA PRA Category 1 Credit(s)<sup>™</sup>

*Penn State College of Medicine designates this live activity for a maximum of 11.25 AMA PRA Category 1 Credit(s)<sup>™</sup>.* Physicians should claim only the credit commensurate with the extent of their participation in the activity.

## NURSES USING AMA CREDIT

Nurses will receive a certificate from Penn State College of Medicine verifying their participation in 11.25 hours of approved continuing medical education. Continuing education activities which are approved by accredited institutions of higher education and that are relevant to patient care or professional nursing meet the requirements of mandatory continuing education for registered nurses in Pennsylvania, as required by the Pennsylvania State Board of Nursing. The Board of Nursing recommends that nurses retain their certificates for a period of at least five years. Additional information is available through the State Board of Nursing at:

<http://bit.ly/dospagovurse>

## NURSING HOME ADMINISTRATORS

Application has been made for 11.25 credits from the State Board of Examiners of Nursing Home Administrators under provider number PR000201L.

## AMERICAN BOARD OF POST-ACUTE AND LONG-TERM CARE MEDICINE

This live activity has been pre-approved by the American Board of Post-Acute and Long-Term Care Medicine (ABPLM) for a total of 6.25 management hours and 5 clinical hours toward certification as a Certified Medical Director (CMD) in post-acute and long-term care medicine. The CMD program is administered by the ABPLM. Each physician should claim only those hours of credit actually spent on the activity.

## PATIENT SAFETY/RISK

This program includes 4 hours of patient safety/risk management education as required by the Pennsylvania State Board of Medicine. Please see the program schedule for the topic marked with a **R**.

## ACT 124 / OPIOID EDUCATION

This program includes 1 hour of ACT 124 opioid education. Please see the program schedule for the topic marked with an **O**.

## PHARMACOLOGY

Nurse Practitioners please note: This program includes 2 contact hours of pharmacology education as required for certification renewal by the Pennsylvania State Board of Nursing and the American Nurses Credentialing Center (ANCC). Please see the program schedule for the topic marked with a **P**.

It is our policy to ensure balance, independence, objectivity, and scientific rigor in all of our educational programs. Faculty and course directors have disclosed relevant financial relationships with commercial companies, and Penn State has a process in place to resolve any conflict of interest. Complete faculty disclosure will be provided to program participants at the beginning of the activity.

# FACULTY

## **Robert P. Gasparro, Esq**

Adjunct Faculty, Temple University  
Lifespan Legal Services, LLC  
Haverford, PA

## **Dennis Gregory**

Vice President of Operations  
Genesis HealthCare, LLC  
Kennett Square, PA

## **Emily R. Hajjar, PharmD, MS, BCPS, BCACP, BCGP**

Associate Professor  
Department of Pharmacy Practice  
Jefferson College of Pharmacy  
Philadelphia, PA

## **Thomas E. Lawrence, MD, CMD**

System Medical Director of Geriatric  
Medicine and Long-Term Care  
Main Line Health  
Newtown Square, PA

## **Kurt Merkel, MD**

Senior Vice President  
and Chief Medical Officer  
Compassus  
Brentwood, TN

## **David A. Nace, MD, MPH, CMD**

Associate Professor of Medicine  
Director, Long-Term Care Programs  
Division of Geriatric Medicine  
University of Pittsburgh  
Chief of Medical Affairs  
UPMC Senior Communities  
Pittsburgh, PA

## **Arif Nazir, MD, CMD, FACP, AGSF**

AMDA President-Elect  
Chief Medical Officer, Signature HealthCare  
President, SHC Medical Partners  
Louisville, KY

## **Adam Perry, MD**

Geriatrician and Emergency Physician  
Faculty, Geriatric Emergency  
Department Collaborative  
Geisinger Commonwealth  
College of Medicine  
Scranton, PA

## **Tracy Polak, MSN, CRNP**

Gerontological Nurse Practitioner  
Pittsburgh, PA

## **William Pomilla, MD, FAAPMR**

Director of Stroke Rehabilitation  
Department of Physical Medicine  
and Rehabilitation  
Penn State College of Medicine  
Hershey, PA

## **Raymond K. Reichwein, MD**

Associate Professor of Neurology  
Co-Director, Penn State Stroke Center  
Director, LionNet Program  
Penn State Neuroscience Institute  
Penn State College of Medicine  
Hershey, PA

## **Firas Saidi, MD, CMD, President, PMDA**

Clinical Assistant Professor of Medicine  
Sidney Kimmel Medical College  
Thomas Jefferson University  
Geriatrics Section Chief  
Mainline Health System  
Wynnewood, PA

# AGENDA

THURSDAY, NOVEMBER 8, 2018

6:30 – 8 p.m. Networking Reception

## FRIDAY, NOVEMBER 9, 2018

7 a.m.–4:30 p.m.

7:00 Check In/Continental Breakfast/Exhibits

7:45 Welcoming Remarks  
*Brian B. Kimmel, DO, CMD*

### Morning Theme

Breaking Down the Silos:

Post-Acute Care of the Stroke Patient

8:00 Post-Stroke Complications and Acute Therapy Affecting Post-Acute Care  
*Raymond K. Reichwein, MD*

8:40 Physiatry Perspectives of the Stroke Patient in Post-Acute Care  
*William Pomilla, MD, FAAPMR*

9:10 Break/Exhibits

9:40 Keeping Several Balls in the Air: Case Management, Discharge Planning, and Post-Skilled Nursing Facility (SNF) Care <sup>R</sup>  
*Tracy Polak, MSN, CRNP*

10:10 Administrative Issues of the Short-Term Post-Acute Care Patient  
*Dennis Gregory*

10:40 Panel Q&A

11:10 AMDA Update and Highlights  
*Arif Nazir, MD, CMD, FACP, AGSF; AMDA President-Elect*

11:30 PMDA Business Meeting

12:00 Lunch/Industry-Sponsored Symposia (ISS)/Exhibits

1:30 Accountability and Incentive Structures for True Clinician Leadership in SNFs  
*Arif Nazir, MD, CMD, FACP, AGSF*

2:15 Break/Exhibits

2:30 Legal Issues in End-of-Life Care <sup>R</sup>  
*Robert P. Gasparro, Esq*

3:15 Public Policy Update  
*David A. Nace, MD, MPH, CMD*

4:30 Adjournment

## SATURDAY NOVEMBER 10, 2018

7 a.m.–3:00 p.m.

7:00 Check In/Continental Breakfast

7:45 Welcoming Remarks  
*Tracy Polak, MSN, CRNP*

8:00 Five Articles That Could Affect Your LTC Practice  
*David A. Nace, MD, MPH, CMD*

8:45 De-Prescribing in the LTC Setting <sup>P</sup>  
*Thomas E. Lawrence, MD, CMD  
Emily R. Hajjar, PharmD, MS, BCPS, BCACP, BCGP*

10:00 Break

10:15 Bringing the Emergency Department to the Inter-Disciplinary Team: Improving Transitions <sup>R</sup>  
*Firas Saidi, MD, CMD  
Adam Perry, MD*

11:15 AMDA Emergency Department Workgroup Paper Highlights  
*Thomas E. Lawrence, MD, CMD*

11:30 Lunch/ISS

12:30 Sepsis in the LTC Setting <sup>R</sup>  
*David A. Nace, MD, MPH, CMD*

1:15 Pain Management and Opioid Use in the Elderly: Post-Acute and LTC <sup>R</sup> <sup>O</sup> <sup>P</sup>  
*Kurt Merkelz, MD*

2:15 End-of-Life as a Quality Assurance and Performance Improvement for SNF  
*Kurt Merkelz, MD*

3:00 Adjournment

<sup>R</sup> Patient Safety/Risk Credit

<sup>O</sup> ACT 124 / Opioid Education Credit

<sup>P</sup> Pharmacology Credit

# PLANNING COMMITTEE

## **Lee Cowen, DO, CMD**

Medical Director, Palliative Care  
at Jeanes Hospital  
Medical Director Holy Redeemer Hospice  
Medical Director Pennypack Center  
Temple Physicians at Lawndale  
Philadelphia, PA

## **Gary B. Bennett, MD, CMD**

Sr. Vice President Medical Affairs  
Genesis HealthCare  
Kennett Square, PA

## **Umar Farooq, MD, CMD**

Medical Director, Oakwood Health Care  
and Rehabilitation Center  
Rivers Edge Nursing and  
Rehabilitation Center  
Life Choice Hospice  
Philadelphia, PA

## **Daniel Haimowitz, MD, CMD, FACP**

Medical Director, Attleboro Community  
Medical Director, Arden Courts of Yardley  
Medical Director, Living Branches  
Levittown, PA

## **Mary Kender, NHA**

Executive Director  
Attleboro Community  
Langhorne, PA

## **Brian B. Kimmel, DO, CMD**

*Co-Chair*  
Medical Director, Chapel Manor  
Medical Director, Somerton Center  
Genesis Health Care  
Medical Director, Hospice Compassus  
Medical Advisor  
Oakwood Personal Care Center  
Philadelphia, PA

## **Anne Kriebel-Gasparro, DrNP, FNP-BC, GNP-BC**

Nurse Practitioner  
Domiciliary Care Organization  
Philadelphia, PA

## **Molly Langford, MSN, CRNP**

Senior Director of Clinical Practice  
Genesis Health Care  
Kennett Square, PA

## **Thomas E. Lawrence, MD, CMD**

System Medical Director of Geriatric  
Medicine and Long-Term Care  
Main Line Health System  
West Chester, PA

## **David Luschini, MD, CMD, FACP**

Medical Director  
St. John Neumann Center and  
Immaculate Mary Center for  
Rehabilitation and Healthcare  
Philadelphia, PA

## **Tracy Polak, MSN, CRNP**

*Co-Chair*  
Gerontological Nurse Practitioner  
Pittsburgh, PA

## **Christine Poppe, MSN, CRNP, GNP-BC**

Nurse Practitioner  
Kendal at Longwood  
Kennett Square, PA

## **Firas Saidi, MD, CMD, President, PMDA**

Clinical Assistant Professor of Medicine  
Sidney Kimmel Medical College  
Thomas Jefferson University  
Geriatrics Section Chief  
Mainline Health System  
Wynnewood, PA

## **Daniel R. Steiner, MD, CMD-R**

Private Practice  
University of Pittsburgh Medical Center  
Pittsburgh, PA

## **Tony Tsai, MD**

Physical Medicine and Rehabilitation  
Polaris Rehabilitation, PLLC  
Devault, PA

## **Charles Wasserman, DO, CMD**

Family Practice Physician  
Einstein Physicians  
Audubon, PA

## **Deborah Way, MD, CMD, FAAHPM**

Assistant Professor, Clinical Medicine  
Department of Medicine Division  
and Geriatric Medicine  
University of Pennsylvania  
Perelman School of Medicine  
Director, Palliative Care Services  
Cpl. Michael J. Crescenzo VA Medicine Center  
Philadelphia, PA

## **Denise Weachter, MSN, CRNP**

Clinical Service Manager  
OptumCare – Pennsylvania and Delaware  
Horsham, PA

# FEES

Includes: Listed meals | Cost of instruction | Handout materials

Registrations received after Monday, November 5, 2018 will incur a \$25 late fee.

## ONE-DAY

Physician/Non-Member, PMDA Member/Non \$179

## TWO-DAY

		EARLY – 10/9/18	AFTER – 10/10/18
Physician	PMDA Member	\$249	\$269
	Non-Member	\$349	\$369
Non-Physician	PMDA Member	\$169	\$189
	Non-Member	\$269	\$289
Fellows/Residents/Students (limited availability)		\$Free	

# REGISTRATION

 REGISTER ONLINE TODAY! <http://bit.ly/e596718>

# REFUND POLICY AND CANCELLATION

## CANCELLATIONS RECEIVED AFTER

Sunday, November 4, 2018

will have a \$25 processing fee per day

## NO REFUNDS AFTER

Wednesday, November 7, 2018

The University may cancel or postpone any course or activity because of insufficient enrollment or other unforeseen circumstances. If a program is canceled or postponed, the University will refund registration fees but cannot be held responsible for any other related costs, charges, or expenses, including cancellation/change charges assessed by airlines or travel agencies. Preregistered participants will be notified if a program is filled or canceled.

# ACCESS

Penn State encourages persons with disabilities to participate in its programs and activities. If you anticipate needing any type of special accommodation or have questions about the physical access provided, please contact Continuing Education at least one week in advance of your participation or visit.

# QUESTIONS?

**Course** E5968-19-Z    **Call** 717-531-6483    **Email** [ContinuingEd@pennstatehealth.psu.edu](mailto:ContinuingEd@pennstatehealth.psu.edu)  
**Mail** Registrar, College of Medicine    **Web** [ce.med.psu.edu](http://ce.med.psu.edu)  
Continuing Education, G220  
P. O. Box 851, Hershey, PA 17033

This publication is available in alternative media on request.

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**PennState Health**  
Milton S. Hershey Medical Center

DEPARTMENT OF CONTINUING EDUCATION  
P.O. BOX 851, G220  
HERSHEY, PA 17033-0851

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PAID  
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M.S. HERSHEY MED. CTR.



SAVE THE DATE / FRIDAY & SATURDAY / NOVEMBER 9–10, 2018

# 26TH ANNUAL PMDA SYMPOSIUM



## THE HOTEL HERSHEY

100 Hotel Road  
Hershey, PA 17033

## NETWORKING RECEPTION

Thursday, November 8 / 6:30 – 8 p.m.

## CREDITS

CME, CMD and NHA credits will be available.

Pharmacology and opioid education hours included.

## PURPOSE

The PMDA Annual Symposium is designed to meet the educational needs of health-care professionals working in post-acute and long-term care settings. A strong interdisciplinary approach is emphasized, and organizations are encouraged to attend as a team to experience the most benefit.

## WHO SHOULD ATTEND?

Medical directors and long-term care health professionals, physical medicine and rehabilitation providers, geriatricians, NPs, PAs, registered nurses, family physicians, internists, nursing home administrators and consultant pharmacists.

## ACCOMMODATIONS

Accommodations are the responsibility of the program participant.

**ROOM BLOCK**  
The Hotel Hershey

**DEADLINE**  
Sunday, October 7, 2018

**RATE**  
\$229 plus tax / single or double

**RESERVATIONS**  
<http://bit.ly/e596819h>  
(717) 533-3311

**GROUP**  
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**PennState**  
College of Medicine

## QUESTIONS?

ContinuingEd@PennStateHealth.psu.edu    ☎ Call: 717-531-6483    ce.med.psu.edu

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